



CANDIDA ALBICANS

The Candida Kit: An herbal supplement kit to assist the body in maintaining proper flora balance.

THE CANDIDA KIT CONTAINS:

- **Candida Formula #1™**

*Herbal Supplement
2 bottles (cleansing)*

- **Candida Formula #2™**

*Herbal Supplement
2 bottles (cleansing)*

- **Taurin Dophilus™**

*Dietary Supplement
1 bottle (rebuilding)*

DIRECTIONS:

- Take two capsules of Candida Formula #1 and two capsules of Candida Formula #2 three times a day before meals.
- Do this for at least four weeks, two bottles of each.
- When you have finished both bottles of Candida Formula #1 and Candida Formula #2, immediately start the Taurin Dophilus, two tablets two times daily.
- For best results, avoid sweets,

fermented foods, alcohol, mushrooms and starchy foods (potato chips, pasta, bread, etc), while doing the cleanse.



Hanna Kroeger

This program is designed by Master Herbalist Hanna Kroeger who draws upon her many decades of working with herbs and natural health. Since the 1970's this program has been used with amazing success and has become a favorite among health practitioners. Now it is available in a convenient package.

The Candida Kit addresses candida overgrowth by first cleansing the candida for four weeks to create an environment suitable to rebuilding the friendly bacteria, which keeps candida under control.

The products in this program work on several key issues for cleansing candida:

- **Strong bitter elements and tannins**

Increase digestive secretions and make the digestive tract inhospitable to candida

- **Neutralizes acidity**

Neutralizing the acidity helps reduce the candida population and lets the friendly bacteria repopulate

- **Controls mucus accumulations**

Candida can multiply in mucus

- **Strengthens digestion and elimination**

Often compromised by candida

- **Binds and cleanses toxins from the blood, lymph and kidneys**

Candida gives off toxins that can settle in different parts of the body

- **Tones the liver**

The liver helps eliminate toxins from candida

Find the balance!



CANDIDA ALBICANS OVERGROWTH

Candida albicans is a yeast/fungus that is present in everyone. Its populations are kept small, in harmless quantities by our friendly bacteria, its natural competitor. When the friendly bacteria are diminished, the candida population can grow to the point that our health is affected by the toxins given off. Large populations of candida create an acidic environment that the friendly bacteria cannot survive in. At this point, candida can grow unopposed.

There are several things you can do to naturally regain control of candida. Avoid antibiotics and substances that

may deplete friendly bacteria. Modify diet to diminish fungal friendly foods, especially while cleansing. Use herbs with anti fungal action that balance acidity, blood cleansing and improve digestion & elimination. Supplement acidophilus and probiotics AFTER cleansing to rebuild flora in the intestines to rebalance the body.

CANDIDA FORMULA #1™



*Condurango Bark
Red Clover, Yellow Dock*

Strong bitter elements and tannins increase digestive secretions and make the digestive tract inhospitable to candida, neutralize acidity, strengthen and soothe the stomach, improve digestion and elimination, cleans toxins from the blood, lymph, and kidneys, control skin eruptions, relieve rheumatic complaints and control mucus accumulations

Best when used with Candida Formula #2 for one month, two bottles

CANDIDA FORMULA #2™



*Tansy
Clay
Milkweed
Cramp Bark
Goldenseal Leaf
Blessed Thistle*

Eliminates candida and worms, neutralizes acidity, strengthens digestion, controls mucus, relieves rheumatic complaints, tones the liver, improves energy levels and resistance, regulates bowel movement and urination, reduces spasms, binds and cleanses toxins, regulates intestinal contractions.

Best when used with Candida Formula #1 for one month, two bottles

TAURIN DOPHILUS™



*Acidophilus (Lactobacillus)
Taurine, prune concentrate*

Rebuilds friendly bacteria in the intestines, best when used immediately after a candida cleanse so the candida doesn't return.



The Heart of Herbal Health®